

We propose that consciousness may emerge from the following system.

Thought and emotion are coupled within the organism; this coupled system interacts with the surrounding environment (including but not limited to social pressures). These interactions contain information; cognition and the subjective experience may emerge from the processing of this information. Because cognition and the subjective experience constantly feed back between organism and environment, brain and body must be considered as inseparable. [We may or may not wish to call the boundary drawn below 'self-awareness'.

